

# Scott County 4-H Times

NOVEMBER



Save the Date!

*Scott County  
4-H  
Awards Banquet*

THURSDAY, DECEMBER 8TH @  
6:00 P.M.

Additional information to come.  
For questions, please email Sarah,  
sarah.redmon@uky.edu



Contact Us:

Phone  
502-863-0984

Fax  
502-863-2392

Website  
Scott.ca.uky.edu



Facebook:  
<https://www.facebook.com/scott4h>



Patrick Allen  
patrick.allen@uky.edu

Sarah Redmon  
sarah.redmon@uky.edu

## New This Month

Scott County Communication & Demonstration Contest  
March 11th, 2023  
Check our website for Rules & Regulations

Summer Camp!  
Save The Date: July 17-21 2023  
Registration information to come later.

SCOTT COUNTY COOPERATIVE EXTENSION OFFICE  
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 EYINGTON, KY 40546



Disabilities  
accommodated  
with prior notification



# Scott County 4-H Times

NOVEMBER

## 4-H Poultry Club

November 14th  
6:00pm  
Scott County Extension Office



## Neigh Team

November 7th  
6:30pm meeting  
5:30pm Horse Bowl Practice  
Scott County Extension Office



## 4-H Teen Club

November 14th  
4:30pm  
Scott County Extension Office  
This club is for youth in high school.



## 4-H Rabbit Club

November 21st  
6:00pm  
Scott County Extension Office  
Club Officer Elections, Candidates should prepare a short speech.



## 4-H Dog Club

November 10th  
6:00 p.m.  
Outside in the enclosure with Dogs. Please make sure you have your dog on lead at all times. Maintain 6 foot distance from all other dogs.



## 4-H Photography Club

November 16th  
5:00pm  
Scott County Extension Office



## 4-H Livestock Club

November 3rd  
4:00pm  
Scott County Extension Office



## 4-H Cloverbuds

November 8th  
6:00pm  
Scott County Extension Office  
Please email sarah.redmon@uky.edu to sign-up.



## 4-H Adventure

November 17th  
6:00pm  
Scott County Extension Office  
Bring your survival gear if you have any (NO firearms!)



## Middle School Leadership

November 21st  
5:00p.m. - 6:00pm  
Scott County Extension office



## Shooting Sports

November 8th  
6:00pm (NO Firearms /Bows!)  
Scott County Extension Office



## 4-H Cooking Club

November 28th  
6:00pm-7:30pm  
Scott County Extension Office  
Please email sarah.redmon@uky.edu to sign-up



## CAMP CORNER



Archery



Contact Us:

Phone  
502-863-0984

Fax  
502-863-2392

Website  
Scott.ca.uky.edu



Facebook:  
<https://www.facebook.com/scott4h>



Patrick Allen  
patrick.allen@uky.edu

Sarah Redmon  
sarah.redmon@uky.edu



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE  
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 FAYINGTON KY 40546



Disabilities  
accommodated  
with prior notification

# Scott County 4-H Times

NOVEMBER

## 4-H Volunteers CORRECTION:

4-H Council Meeting:  
November 21st  
6:00 pm  
Scott County Extension Office

If you are looking to get involved in 4-H as a volunteer please reach out to the 4-H Agents for more information on getting started.

## Recipe of the Month



### Apple Spinach Salad

<b>5 ounces</b> fresh spinach	<b>½ cup</b> golden raisins	<b>1 tablespoon</b> olive oil
<b>4 large</b> Gala apples		<b>1 tablespoon</b> cider vinegar
<b>2 ounces</b> sharp white cheddar cheese, shredded	<b>Dressing:</b>	<b>¼ teaspoon</b> dry mustard
<b>½ cup</b> slivered almonds, toasted (see directions below)	<b>2 tablespoons</b> honey	<b>½ teaspoon</b> ground cinnamon
		<b>¼ teaspoon</b> finely chopped garlic

**Wash and dry** fresh spinach. **Tear** into small pieces. **Core and chop** apples into bite sized pieces. Do not peel. **Mix** together spinach, apples, cheese, almonds and raisins. In a small bowl, **stir** together dressing ingredients and pour over salad mixture. **Toss and serve.** **To toast almonds:** **Spread** almonds evenly in a small saute pan, over medium high heat for about 30 seconds, **stir.** Continue to **heat** almonds for an additional

3-5 minutes, **stirring** often for even browning. **Remove** from heat when almonds are fragrant and turning golden brown around the edges. Immediately **pour** almonds into a dish to cool.

**Yield:** 10, 1 cup servings.

**Nutritional Analysis:** 150 calories, 6 g fat, 1.5 g saturated fat, 5 mg cholesterol, 50 mg sodium, 22 g carbohydrate, 3 g fiber, 17 g sugar, 3 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.  
<http://plateitup.ca.uky.edu>

### CLUB CORNER



Adventure Club!



Contact Us:

Phone  
502-863-0984

Fax  
502-863-2392

Website  
[Scott.ca.uky.edu](http://Scott.ca.uky.edu)



Facebook:  
<https://www.facebook.com/scott4h>



Patrick Allen  
[patrick.allen@uky.edu](mailto:patrick.allen@uky.edu)

Sarah Redmon  
[sarah.redmon@uky.edu](mailto:sarah.redmon@uky.edu)



SCOTT COUNTY COOPERATIVE EXTENSION OFFICE  
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 FAYINGTON KY 40546



Disabilities  
accommodated  
with prior notification

# Scott County 4-H Times

NOVEMBER



## HOME FOR THE HOLIDAYS PARADE

Help 4-H celebrate the holiday season in Georgetown by participating in the *Home for the Holidays Parade* on Saturday, Dec. 3 at 6pm.



The theme for this year's parade is:

**"Christmas On The Farm"**

We will decorate our float Friday, December 2nd.

All 4-H Members are welcome to participate.

Register with [sarah.redmon@uky.edu](mailto:sarah.redmon@uky.edu)

More information upon registration.



Patrick Allen

Scott County Extension Agents  
for 4-H Youth Development  
Visit us @ [scott.ca.uky.edu](http://scott.ca.uky.edu)

Sarah Redmon

### VOLUNTEER CORNER



Thank You!



Contact Us:

Phone  
502-863-0984

Fax  
502-863-2392

Website  
[scott.ca.uky.edu](http://scott.ca.uky.edu)



Facebook:  
<https://www.facebook.com/scott4h>



Patrick Allen  
[patrick.allen@uky.edu](mailto:patrick.allen@uky.edu)

Sarah Redmon  
[sarah.redmon@uky.edu](mailto:sarah.redmon@uky.edu)

SCOTT COUNTY COOPERATIVE EXTENSION OFFICE  
1130 CINCINNATI ROAD, GEORGETOWN, KY 40324



Cooperative Extension Service  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

1 FAYINGTON KY 40546

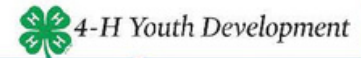


Disabilities  
accommodated  
with prior notification





University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service



# SCOTT COUNTY 4-H COUNTRY HAM PROJECT

Give the gift of experience & education  
this holiday season!



A project for the entire family!

- Cloverbuds 5-8 years old or Adults
  - 1 country ham/ \$40.00
- Youth ages 9-18 years old
  - 2 country hams/ \$60.00
  - Compete at the Kentucky State Fair,  
Country Ham Day Speech Contest!

\*See contract for additional requirements



Deadline for contracts and payment is  
December 12th. Checks or exact cash will  
only be accepted. Please make checks  
payable to Scott County 4-H Council

For more information or  
for country ham contract please  
email [sarah.redmon@uky.edu](mailto:sarah.redmon@uky.edu)

